

# Grade 1 - Curriculum Breakdown

## Session 1: Weeks 1-9

- Language Arts:
  - Phonics and Word Recognition
  - Sight Words and Reading Fluency
- Mathematics:
  - Counting and Cardinality
  - Addition and Subtraction Strategies
- Science:
  - Scientific Inquiry Skills
  - Plants and Animals
- Social Studies:
  - Community Helpers and Roles
  - Rules and Citizenship
- Art:
  - Lines, Shapes, and Forms
- Music:
  - Vocal Warm-ups and Exercises
- Physical Education:
  - Fundamental Movement Skills
- Health and Safety:
  - Personal Hygiene and Self-care
- Technology:
  - Computer Hardware and Functions

## Session 2: Weeks 10-18

- Language Arts:
  - Reading Strategies and Comprehension
- Mathematics:
  - Measurement and Comparison
  - Data Collection and Representation
- Science:
  - Life Cycles and Adaptations
  - Properties of Matter

- Social Studies:
  - Geography and Landforms
  - Mapping Skills
- Art:
  - Colors and Color Mixing
- Music:
  - Songs and Singing Games
- Physical Education:
  - Locomotor Skills
- Health and Safety:
  - Healthy Eating and Nutrition
- Technology:
  - Navigating Digital Interfaces

### Session 3: Weeks 19-27

- Language Arts:
  - Writing Skills
- Mathematics:
  - Geometry
  - Patterns and Relationships
- Science:
  - Forces and Motion
  - Earth's Features and Weather
- Social Studies:
  - Cultural Diversity
  - Traditions and Customs
- Art:
  - Still Life and Nature Art
- Music:
  - Rhythm and Percussion Instruments
- Physical Education:
  - Manipulative Skills
- Health and Safety:
  - Emotional Awareness and Expression
- Technology:
  - Age-Appropriate Software and Applications

### Session 4: Weeks 28-36

- Language Arts:
  - Language and Grammar
- Mathematics:
  - Three-Dimensional Shapes
  - Fitness and Exercise
- Science:
  - Objects in the Sky and the Solar System
- Social Studies:
  - Historical Figures and Events
- Art:
  - Collage and Mixed Media
- Music:
  - Instruments and Music Making
- Physical Education:
  - Sports and Games
- Health and Safety:
  - Safety Rules and Practices
- Technology:
  - Digital Citizenship and Online Safety

This breakdown distributes the different subjects and topics evenly across the four sessions, allowing for a comprehensive and balanced curriculum throughout the school year.